

Briefing for local stakeholders with an interest in social care, health and communities

Adult Social Care | Information and Engagement Team



Monthly Briefing Information Correct As Of 22 June 2023 Nominations Open For Stars In Surrey Awards Celebrating Local Heroes

Stars in Surrey celebrates the extraordinary achievements, hard work and dedication of people and teams who go out of their way to help their neighbours and communities and make Surrey a special place to live and work. Nominations for this year's awards are now open, with external nominations accepted across five different categories celebrating community heroes.

The nomination categories are:

- Team Award for Outstanding Customer Service
- Championing Equality, Diversity and Inclusion Award
- Greener Future Champion Award (Enabling a greener future)
- Frontline Worker of the Year (No One Left Behind)
- The Make It Happen Community Hero Award (Empowering Communities)

The awards are open to everyone who lives or works in Surrey or serves Surrey residents. This year, individuals and community groups are able to self-nominate. If you believe you or your group can demonstrate a successful case study please consider making a submission. If you would like to nominate an individual, community group or even yourself please fill in a [nomination form](#), closing date for nominations is the 28 July at 5pm.

The 2023 awards ceremony will take place on Tuesday 5 December. For further information please visit [Stars in Surrey](#).

Funding Agreed For New Hospitals To Support Surrey Residents

As part of the government's new hospital programme, funding has been agreed for a new specialist emergency care hospital in Sutton which will form part of Epsom and St Helier University Hospital NHS Trust alongside the replacement hospital for Frimley Park Hospital. This scheme is part of a commitment to build 40 new hospitals by 2030.

For further information on the services and plans for each hospital please visit [Frimley Park Hospital](#) or [Epsom and St Helier](#).

Welfare Team In East Surrey Reduces Pressure Through Community Support

The Welfare and Discharge Team is a partnership between Reigate and Banstead Borough Council and Tandridge District Council, working together with Primary Care and Surrey and Sussex Healthcare NHS Trust (SASH), and funded by East Surrey Place. This new service is aiming to improve East Surrey residents' mental and physical wellbeing and to reduce the pressure on East Surrey's GPs and assist with timely hospital discharges.

The team comprises three Welfare and Discharge Co-ordinators and a Team Leader. Referrals are received from East Surrey GPs, local councils, local charities and the SASH Discharge Team.

Their aim is to:

- improve the wellbeing of East Surrey residents who have a high dependency on the NHS and other public services, by helping them to tackle the root causes of their problems and in turn to reduce their dependency on public services;

- target priority groups of people who have support needs but do not meet thresholds for statutory service support;

- support people with complex needs.

Adverse Weather and Health Plan launched

[The new and the first Adverse Weather and Health Plan \(AWHP\):](#)

Protecting health from weather related harm, outlines key areas where the public sector, independent sector, voluntary sector, health and social care organisations, and local communities can work together, to maintain and improve integrated arrangements for planning and response to deliver the best outcomes possible during adverse weather. It brings together and builds on the previous [Heatwave Plan for England](#) and the [Cold Weather Plan for England](#).

Starting in June 2023, the Heat-Health Alert and Cold Weather Alert delivery system will be changing and moving to a new platform. Users of the current system will be required to [re-register](#) on the new system to continue receiving the alerts. There is a [Weather Health Alerting System: User Guide](#) which provides information on how the system will work.

For further information and resources to support residents and care settings during a Heat-Health alert please visit [Gov.uk](#) and [Surrey County Council](#).

Mental Health Investment Fund - Round 2 Is Now Open

The Mental Health Investment Fund (MHIF) is a Surrey wide resource to support prevention, removing barriers, and supporting people to become proactive in improving their mental and emotional health and wellbeing. The MHIF Fund is being used for new, and/or existing, non-statutory services which can help support local neighbourhood and place based.

Round two of the MHIF fund is currently open for applications until Tuesday 11th July.

For further information, please visit the [Mental Health Investment Fund](#).

Applications Open To Join Frimley Health And Care's Mirror Board

Frimley Heath and Care Integrated Care Board/System is currently recruiting to their Mirror Board and are inviting applications from across local authority, the voluntary sector, social care, NHS organisations and primary care. The closing date for recruitment to the Mirror Board is Friday, 7 July.

The objectives of the Mirror Board are to:

- develop talent for the future

- increase representation from protected characteristic groups at Board level

- promote collaborative working across organisations

- encourage diversity of thought in decision making

- support the delivery of Frimley Health and Care's Equality, Diversity, and Inclusion (EDI) strategic ambitions.

For further information and how to apply, please visit [Frimley Health and Care website](#).

Surrey Allocated £10.6m Funding From The Household Support Fund

Surrey County Council has been allocated a further £10.6m funding to continue to support the county's most vulnerable households. The funding comes from the Government's Household Support Fund as part of a new grant running until March 2024.

Funding has been allocated via the Department of Work and Pensions to help those families who are struggling financially in Surrey, with financial assistance available for food, fuel, water and other essentials. The funds will be distributed via a range of methods and delivery partners to ensure it reaches as many people in need as possible.

The £10.6m will be staggered across the year, with half the fund being distributed now and the other half in October. The first half of the funding is now with distributing partners and is ready for communities to access. For more information please visit [Household support fund](#).

Councillors Community Funding Now Open

Surrey residents can now apply for cash grants to improve their local area through the re-launched Your Councillor Community Fund. This community fund provides financial support to community groups and projects that improve the quality of life in Surrey.

The fund is distributed every year by each of Surrey County Council's 81 councillors in their local areas. It can be used across a variety of projects that help promote the social, economic and environmental wellbeing of their communities.

To apply for money from this year's Your Councillor Community Fund you must contact your [local county councillor](#) the fund is open for applications until January 2024. For further information please visit [Your Councillor Community Fund](#).

Grants Of Up To £5,000 Available To Increase Employment Opportunities For Disadvantaged Adults

Grants of up to £5,000 are available to registered charities to support projects that equip people (18 or older) from disadvantaged groups with critical life skills necessary for employment.

Priority will be given to projects that target people experiencing multiple deprivation or other groups facing major hurdles to employment, such as women, people with physical, mental, or learning disabilities, refugees and asylum seekers.

The funding is being made available through the Thomas Wall Trust and to be eligibility criteria applies. The deadline for stage 1 applications is the 18 September 2023. Applicants successful at this stage will then be invited to submit a stage 2 application. For more information, please visit [Thomas Wall Trust](#).

Urgent Support Service for Carers

If residents that help look after someone, either for a friend or family member, who could not manage without their support due to illness, disability, or a mental health problem, the Urgent Care Response (UCR) team may be able to support and help keep the person at home in a crisis.

The UCR team can keep the person cared for safe at home. They can respond within two hours of their health deteriorating, or if their emergency plans breakdown. This is achieved with the support of GPs, geriatricians, social care, advance nurses, therapists and other

specialists. The team can carry out assessments, order tests and equipment, diagnose, and prescribe. This service can support in preventing the person you care for being admitted to hospital.

For further information on the Urgent Care Response Team please contact 111 or speak with your regular healthcare worker or GP practice for guidance.

Armed Forces Day Local Events

Armed Forces Day 2023 is Saturday 24 June. Surrey is home to four Army bases with 6,200 service personnel, 32,500 ex-service and veterans, 1,246 service children in over 200 different schools and their families living in Surrey, four Reserve Centres with over 250 Reservists and over 3,000 Cadets.

During Armed Forces Week events will take place across the country and throughout Surrey. To find out where your local event is, please visit [Armed Forces Day](#).

Across Surrey there are lots of local veterans' hubs, support associations and breakfast clubs to support those who have served and their families.

For further information on where to find your local veterans hub or support association please visit [Armed Forces](#).

Falls Prevention Advice and Information Event

Let's Get Steady, falls prevention advice and information event is being held at Guildford Baptist Church on Wednesday 28 July, 2-4:30pm, offering practical advice and guidance to help reduce the risks of falls for people who have had a fall, are worried about falling or are at risk of falling due to a long-term condition.

Health and community professionals will provide expert information and advice about falls prevention, wellbeing services to help you stay fit and well and to connect you with your local community. This session is open to people who live in Guildford and Waverley. Free refreshments will be provided during the session and no booking is required. For further information, please contact: Telephone: 07799 750889 Email: syheartlandsicb.independence@nhs.net

Are You A Wheelchair User, Carer Or Family Of A Wheelchair User And Would Like To Get Involved In Shaping Better Services?

[Ross Care](#) is hosting their Wheelchair Service user forum on Monday 26 July. The meeting will be a hybrid meeting with attendees able to join online via Zoom or face to face at their office in Woking. This forum is for all wheelchair users across Surrey.

For further information or to register your space please contact: Telephone and SMS: 07971623070 Email:

SurreyCHEO@rosscare.co.uk

Latest Information From Healthwatch Surrey

Healthwatch Surrey Community Interest Company (CIC) has changed its name to Luminus Insight CIC, to be known as Luminus. Luminus will be the home of Healthwatch Surrey (including Independent Health Complaints Advocacy), Giving Carers a Voice, Giving Young Carers a Voice, Public Involvement for the Combating Drugs Partnership and other project work. For further information, please visit the new website [Luminus](#).

Insight Bulletin And Reports

Healthwatch Surrey produce monthly 'Insight Bulletins' which highlight themes they're hearing about. Their latest [Insight Bulletin](#) focused on themes relating to three of their new priorities: Social Care, Mental Health and Access to Primary Care.

Healthwatch Surrey also produce quarterly [Influence and Impact Reports](#) highlighting overview of their engagement work, new connections formed, support provided and how their work has made a difference. They also include a summary what they have heard from residents during this quarter and how this feedback is being used along with updates on their current research projects.

Latest Activities From Sport In Mind

Sport in Mind is a charity that promotes sport and physical activity to improve the lives of people experiencing mental health problems. Sessions take place every week, all year round and are open to anyone over 17 experiencing mental health problems as well as carers.

Current sessions include Yoga in Addlestone and Staines, badminton in Redhill, Football in Guildford and Tai Chi in Godalming.

For further information or to find sessions near you, please visit [Sport in Mind](#)

Telephone: 01189479762

Email: info@sportinmind.org

Activity Trackers Now Available In Libraries

Residents living in, or near, Camberley, Guildford, Redhill, Merstham and Redhill Libraries can now borrow a Health and Activity Tracker for free. The trackers can only be borrowed by adult libraries members, however, it is free to join the library. All you need to provide is proof of address.

The Health & Activity Tracker pilot is part of a new collaborative project between Surrey Libraries, Active Surrey, Surrey County Council IT & Digital team, and University of Surrey to introduce a new service to the libraries. Active Surrey began a new partnership with

Surrey Libraries in 2022 to provide opportunities in library settings for residents to take part in activities, events and services that will increase/impact their physical activity levels.

The trackers are available to borrow for six weeks with an opportunity to renew. The trackers have a whole host of features including sleep and activity tracking, heart rate and stress monitoring, and PAI - personal activity intelligence metric - which can help wearers manage their health status. Each library will have three or four trackers which are available to loan to adult members. Availability of those trackers can be found on our [library catalogue](#).

In order to evaluate this pilot, residents must complete three surveys pre/post tracker and three weeks after returning the tracker.

For further information, please visit <https://www.activesurrey.com/community/libraries>.

New Online Support Network For Unpaid Adult Carers

To mark Carers Week (5-11 June 2023), Mary Frances Trust launched a new monthly Online Support Network for unpaid adult carers.

This monthly wellbeing group is specifically to support unpaid adult carers who need a safe environment to talk and are looking after individuals with mental health issues and/or long-term medical conditions. The group will look at developing strategies to help carers' look after their own mental health while having a caring responsibility.

The group will run on the first Wednesday of every month 6.30pm to 7.30pm on Zoom.

For further information on the activities and group provided by Mary Francis Trust or information on how to book please visit their [What's on Calendar](#).

Latest News From Surrey Coalition

For the latest information on Surrey Coalition, including their Involvement work, update on Tech to connect and events they have planned please take a look at their [Summer Newsletter](#). The Newsletter is available in a range of formats including Audio, Easy Read or via an Alexa device.

Free Webinar: Supporting Older People Who Are Grieving

On Wednesday 28 June at 1–1:45pm, [Cruise Bereavement Support](#) will host a free online webinar about bereavement and grief for people who work with or support older people.

They will discuss how support can be provided and the ways that grief may be experienced by older people in our community, including the themes and challenges commonly encountered.

For further information or to register, please contact:

Email: gina.rouse@cruse.org.uk

What's On At Windmill Manor Care Home

[Windmill Manor Care Home](#) in Oxted organise a range of activities for their local community including:

Coffee and Chat, every Tuesday 10.30-12.30pm

Fish and Chip Club, open every Friday 12.30pm (booking required)

Community Choir, first Thursday of the month. 11-12 noon

Tea at the Manor with live music, last Friday of the month from 3pm.

For further information or to book for the 'Fish and Chip Club' please contact:

Telephone: 01883 718120.

New Activities Available From Catalyst

Catalyst Support provide support to residents with mental health and emotional support needs. These services include a wide range of support groups and wellbeing activities, and have just launched to new activity sessions:

Cranleigh Drop-in, Mondays 1.30pm - 3.30pm

Guildford Walks, first Monday of every month, 11am - 12pm

For further information please visit [Catalyst](#). Telephone: 01276 409 415 Text (SMS): 07919 541 424 Email:

groups.cc@catalystsupport.org.uk Website:

www.catalystsupport.org.uk