DISABILITY RIGHTS BULLETIN

KEEPING OUR MEMBERS UP TO DATE

OCTOBER 2023

Exclusive to members, our Disability Rights Bulletin covers issues relating to independent living, learning and career opportunities, welfare rights, disability equality and more.

We also keep members up to date on our activities aimed at mobilising Disabled people's leadership and control.

DISABILITY RIGHTS UK

We are the leading charity of its kind in the UK. We are run by and for people with lived experience of disability or health conditions.

Our key decisions are made through our members who elect the Board of Trustees: and by our Senior Management Team.

We work with our members to influence national policy on independent living, benefits, education, employment, transport, human rights and other issues – shaping policy through direct experience and expertise.

We also work with our local individual and organisation members to empower and to influence local policy and services.

To contact Disability Rights UK (DR UK) see www.disabilityrightsuk.org/contact-us



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ANNUAL GENERAL MEETING 2023

10:30am-2:30pm Wednesday 22 Novemebr 2023

We are delighted to invite members to our 11th AGM).

Join us to hear about what we have done in the past year, our response to the different challenges Disabled people have faced in the year, our work with Disabled People's Organisations and the launch of the Disabled People's Manifesto.

- Members will be sent an information pack which can also be downloaded here.
- Cast your votes online or by post by Monday 20 November

The AGM will be held on Zoom. BSL interpretation and live captioning will be available.

For more information about the event visit our event page. To register, book via our **Zoom registration link**

Disabled people leading change



News

DPOs "must create a drumbeat" to Promote Radical New Disabled People's Manifesto

Disabled People's Organisations (DPOs) have been urged to "make a hell of a lot of noise" to promote a radical new manifesto that would tackle "the root causes of our oppression" if adopted by the next government.

DPOs from across England gathered in Manchester on 22 September the launch of a new <u>Disabled People's Manifesto</u>. It was the first significant in-person gathering of English DPOs since <u>a conference in Sheffield in 2016</u> and was organised by the DPO Forum England, <u>Reclaiming Our Futures Alliance</u> and <u>Greater Manchester</u> Coalition of Disabled People (GMCDP).

The Disabled People's Manifesto calls on the next government to take action across the "four pillars" of:

- representation and voice;
- rights;
- independence; and
- inclusion.

Among the manifesto's demands is for funding to support a network of DPOs across England, for action to ensure co-production of policies at local and national level with Disabled people and DPOs, and for a new fund to provide reasonable adjustments for disabled candidates at elections.

On rights, it calls for the UN Convention on the Rights of Persons with Disabilities to be fully incorporated into UK law, for long-awaited action on disability hate crime law, for new laws to abolish forced detention and treatment of people on mental health grounds, and for an inquiry into deaths linked to the Department for Work and Pensions.

On independent living, the manifesto calls for an end to social care charging, a legal right to independent living, measures on accessible housing, and a series of demands on disability benefits, including an end to sanctions and a significant increase in the level of both meanstested and non-means-tested disability benefits.

And on inclusion, the manifesto demands action across education, access and work, including a call for the next government to work with DPOs to develop plans to move disabled children and adults out of all institutional provision.



Launching the Disabled People's Manifesto, Fazilet Hadi, DR UK's Head of Policy said: "We don't want a plan that tinkers. We want a plan that transforms our lives and it won't be done overnight,

and we want a government to have that commitment and that dedication to fight that injustice with us."

She added that while the manifesto does not mention "everything that Disabled people need or want or deserve or are entitled to" that it acts as "a political marker for the change we want to see from the next government.

"The Manifesto acts as a political marker for the change we want to see from the next government."

We won't get everything ... this month, this year, next year, but we will lay the groundwork for other Disabled people who come after us."

She continued that Disabled People were facing "great, great hardship" and "some people haven't survived", while the "dial" was "going backwards" in nearly every area, "whether it's economic, whether it's education, whether it's employment, whether it's wellbeing".



English DPO's National Conference on 22 September 2023

And she highlighted that DPOs could "create that drumbeat" and "make a hell of a lot of noise" if they worked together to promote the manifesto in the run-up to the next election.

"Create a drumbeat to promote the Manifesto"



Svetlana Kotova, <u>Inclusion</u>
<u>London's</u> director of campaigns
and justice, said the conference
showed how Disabled people and
their organisations had continued
fighting over the last 13 years

despite "huge cuts to our support", the COVID pandemic and the cost-of-living crisis.

She said the succession of setbacks felt as though "we can't lift our head from one blow [before we] get another one".

She added that it was "important to remember that despite receiving all those blows from the government and from everyone who is supposed to support us, we kept fighting".



Mark Harrison, a member of the steering group of <u>Reclaiming Our Futures Alliance</u>, said the DPO Forum England now provided a "much more powerful voice" for DPOs because it "came out of

adversity".

He said the forum <u>was set up two years ago</u> after the then Minister for people, Justin Tomlinson, set up a forum of DPOs and then shut it down after just three meetings "because we challenged him on every single thing".

Harrison said later that the conference had "reaffirmed the belief of what we know, and that what we know is that Disabled people change the world adding "nobody else is going to do it for us. It's us. We are the people that are going to make the change happen."





LAUNCH OF THE DISABLED PEOPLE'S MANIFESTO SEPTEMBER 2023

Michelle Daley, director of <u>The Alliance for Inclusive Education</u>, spoke of the vital importance of sustainable funding for DPOs, which would provide the resources necessary for proper co-production of policy.

She said: "We don't just want to sustain. We want to thrive. We must thrive. We don't just want to be at the table. We want to be part of the conversation. We want to dismantle the shit that's happening.

We know that we can't be sustained when we have to scrape for the pebbles. And we know that in order to be sustainable, we need to thrive as well.

Nothing about us without us



Read the <u>Manifesto</u> (available in PDF, Easy Read and BSL video formats).

<u>Take action</u> to show your support and promote the Manifesto to your network.



We are the collective voice of Deaf and Disabled People's Organisations in England.

DPO Forum England Says Show Your Support for the Disabled People's Manifesto!

The DPO Forum is the collective voice of Deaf and Disabled People's Organisations in England. DR UK is a member of the Forum.

The DO Forum says: There are 14 million Disabled people in the UK, and we make up a fifth of the population. We are not a homogenous group: we have different impairments, are different genders, sexual orientations, come from different backgrounds, and live different lives.

Some of us experience greater injustice, but we have many things in common. We all want to live in an inclusive society where everyone has a fulfilling life and feels connected and valued.

We know our lives are not valued equally to others, we experience discrimination and oppression in our daily lives and disabling societal barriers to our inclusion and full participation.

Disabled people have been the hardest hit by austerity, the COVID pandemic and now the cost-of-living crisis. Evidence shows that we are disproportionately living in poverty, achieving poorer outcomes in education and far more likely to be unemployed or earn less.

Many of us are forced to live away from society, our communities and families in order to get support or education. Societal infrastructure, such as housing, transport and street environment, consistently fail to meet our needs.

We urge the next UK Government to institute a radical reform programme, to tackle disablist policy making and systemic oppression and injustice, to create a society where everyone has equal life chances and is valued and treated equally.

We want the government to accept that dismantling fundamental societal barriers we face requires significant investment. Simply put, austerity must end. Good public services are not a drain on the budget; they are an investment in everyone's quality of life.

We need a long-term Disability Strategy, co-produced with Disabled people and our organisations, that tackles the root causes of our oppression and delivers fundamental reform and investment to enable Disabled people of all ages, genders and backgrounds to thrive.

The Manifesto puts forward a Four-Step Plan:

- Representation and Voice We want
 Disabled people to participate across all
 political and public roles, with the required
 adjustments put in place, so we can
 achieve real justice and equality.
- Independence We want the right to live independently with choice and control over the support we get.
- Rights We want to fully enjoy all rights guaranteed by the United Nations Convention on the Rights of Persons with Disabilities (UNCRPD). Discrimination we face in all areas of life must stop.
- Inclusion We want plans for every aspect of life to address specific needs of Disabled people from the outset.

Take Action

Download the <u>Disabled People's Manifesto</u> from disabledpeoplesmanifesto.com/manifesto. Individuals can <u>pledge their support</u> and <u>sign up for updates</u> about the campaign.

Show your support:

- Sign the petition to Government
- <u>Email your local MP</u> (Member of Parliament) to ask them to pledge support
- <u>Sign the Manifesto</u> (organisations)

Promote the Campaign

Share the Manifesto on social media, using the hashtag #DisabledPeoplesManifesto.

REPRESENTATION+VOICE INDEPENDENCE RIGHTS INCLUSION

A Third of Disabled People are Struggling Financially

A new report into the impacts of the cost-ofliving crisis on Disabled people reveals the depth of poverty being experienced.

New Research findings from the <u>University of</u>
<u>Bristol</u> contain a forward from the Disability
Poverty Campaign Group (DPCG) which is led by
DR UK, Inclusion London, Inclusion Barnet and
Disability Positive.

The research surveyed 815 people and was designed with the help of Disabled people, so that it reflected their views, experiences, and priorities for improving their financial wellbeing.

The report found that there is insufficient support available for Disabled people and calls for greater focus on the specific needs of Disabled people.

The major finding was that many Disabled people in the UK are struggling financially, with some even finding it difficult to afford food and other basics.

Other disturbing revelations were that:

- three-in-ten (27%) of disabled households are in serious financial difficulty, compared to one-in-ten (11%) of non-disabled households;
- Nearly one-in-three (29%) Disabled people said that 'it is a constant struggle' to meet bills and credit commitments; and
- a third (33%) saying they were struggling just to pay for food or other necessary expenses.

Age, income, and type of impairment all helped explain the differences in Disabled people's financial wellbeing.

Working age disabled adults reported significantly worse financial wellbeing than those of pensionable age on all financial wellbeing measures.

Disabled people on the lowest incomes, those in receipt of benefits and those not undertaking any paid work had higher levels of financial difficulty. Other findings suggested that not being able to purchase medical treatment or medication has become a worrying new trend.

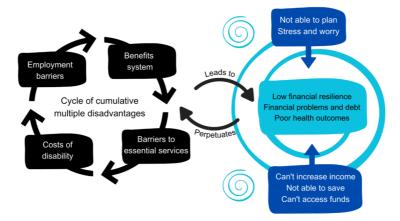
Nearly a third of Disabled people (32%) had avoided going to the dentist or receiving dental treatment because of the cost, while a quarter (25%) had cut down or stopped receiving medical services that they had been paying privately for – such as counselling or physiotherapy.

The report recommends urgent improvements to Disabled people's living standards and ensuring equal rights to full inclusion and participation in UK society.

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The research suggests that four things need to be urgently actioned:

- Better access to employment for those who can work
- A benefits system that provides a proper safety net
- Targeted support to reduce the costs of disability and
- Better access to essential services and advice



The Disability Trap: What affects the financial wellbeing of disabled people? (Figure from the University of Bristol research report)

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Professor Sharon Collard, Chair in Personal Finance at the University of Bristol, said: *There are examples* of positive changes already happening on some of the issues we highlight in the report. But to

make a real difference, major changes are required to ensure that all Disabled people in the UK have a decent standard of living.

Just as important is the need to change the public conversation about disability and Disabled people in the UK – who make up nearly one-in-four (24%) of our total population – to challenge negative narratives and harmful stereotypes."



Dan White policy and campaigns officer at Disability Rights UK and one of the leads at the DPCG said: "There is a desperate need for better financial support for Disabled people.

Nearly half of Disabled people surveyed here believe their financial situation is making their physical and mental health worse." This report comes out just after the UN session in Geneva which highlighted the shocking treatment of Disabled people by the UK government.

Instead of positive action, we are now faced with a new Government consultation on hostile changes to the Work Capability Assessment, which could see Disabled people forced onto lower benefits, exposed to sanctions, or driven into unsuitable work."

"This report is a call to action to Government that urgent measures are needed to provide additional financial support to Disabled people before another challenging winter."



The <u>full report</u> is available to read @ bristol.ac.uk.

Show your support for the Disabled People's Manifesto

Pledge your support and help create that drumbeat

Read and share the Manifesto's Four-Step Plan

- Find out more about the Manifesto
- <u>Download a copy</u> @ disabledpeoplesmanifesto.com
- Sign up to <u>get updates</u> about the campaign
- Share the Manifesto on social media, using the hashtag #DisabledPeoplesManifesto.

Take Action

Show your support:

- Sign the petition to the Government
- Email your local MP (Member of Parliament)
- Pledge your support as an <u>individual</u> or sign the Manifesto for an organisaiton or <u>group</u>



DPO Forum England

The collective voice of Deaf and Disabled People's Organisations in England.

We are Deaf and Disabled People's Organisations in England. This means our groups are run by and for Deaf and Disabled people.

We join together to campaign for change.



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COVID Inquiry Hears About Government Disregard of Disabled People

On 9 October, the COVID-19 Public Inquiry heard hard-hitting evidence from Professors of Disability Studies, Tom Shakespeare and Nick Watson, and Kamran Mallick, CEO of Disability Rights UK on the impact of the pandemic on Disabled people.

The professors spoke about the well documented systemic inequalities facing Disabled people, both prior to and during the pandemic. Issues highlighted included:

- the greater susceptibility of Disabled people with long term health conditions to respiratory disease;
- the greater likelihood of transmission in Care Homes and other residential settings;
- the increased risks by virtue of receiving care and support;
- the discriminatory barriers to receiving services and the cyclical nature of poverty and disability.

The professors told the Inquiry that social care and health services had been cut prior to the pandemic and that Disabled people had a greater reliance on these services. They said that fewer people now received social care services and highlighted the disability employment gap and high levels of digital exclusion.

They drew the Inquiry's attention to the particular challenges faced by people with learning disabilities and their radically lower life expectancy.

- You can <u>find their expert report</u> on structural inequalities and Disability on the COVID-19 Inquiry website.
- Watch <u>clips of the evidence session</u> on our X/Twitter page.

Kamran Mallick spoke about the UK Government's utter failure to engage with Disabled people and Disabled people's organisations. Disability Rights UK wrote to the Government, as early as 16 March 2020, challenging the adequacy of government guidance and asking for measures to protect Disabled people receiving care and support.







Nick Watson

Tom Shakespeare

Kamran Mallick

The letter noted the risks of asymptomatic transmission and the need for isolation units in care homes as well as the use of PPE for those working in the care sector even if asymptomatic.

The next week they wrote alongside others, to ask that the restrictions in the Coronavirus Bill relating to social care, education and mental health protections, be withdrawn.

Throughout the height of the pandemic, Disability Rights UK wrote a number of letters to Government on maintaining social care, providing equal access to health services, ensuring access to food and asking for people on the Clinically Extremely Vulnerable list and those with learning disabilities to receive priority for vaccinations.

Most of these letters went unanswered or were only partially responded to.

In response to a question from the Inquiry Chair, Kamran Mallick said that a Disability Minister should be a senior minister and part of the cabinet, with an ability to influence all government policies, decisions and actions.

He said that Disabled people needed to be properly involved by Government at the early stages of government decision making, as opposed to being brought in only once decisions had already been taken.

Also, that DPOs should be funded to bring their lived expertise to Government decision making just as consultants in other areas of Government work are funded.

Here is <u>Kamran Mallick's Witness Statement</u> from 9 October 2023 in front of the Inquiry.

DPOs Demonstrate Outside the COVID-19 Inquiry "Demanding Justice Now"

On 9 October, to coincide with evidence being given to the Inquiry on the impact of the pandemic on Disabled people, Disabled People's Organisations (DPOs) and disability activists gathered outside the Covid Inquiry, to call for Government failures to be called out and justice for Disabled people.

The huge loss of Disabled lives was not inevitable, neither were the hardships and neglect that Disabled children and adults experienced.

There were representatives from WinVisible, Inclusion London, Disabled People Against Cuts (DPAC) and Disability Rights UK, as well as grieving families campaigning for accountability from the Government.

With chants of 'Disability Justice Now', '30,000 died of lack of social care under the Coronavirus Act – Johnson and Hancock on the block!'

The speeches came from a variety of DPOs, with poignant, heartbreaking and also rousing statements.

"Government had the resources at its fingertips and still failed to plan to save lives"



Rensa Gaunt, from Inclusion
London, said: "Many of us died
not because of COVID but
because our essential care and
treatment was withdrawn
without consideration. Unless

lessons are learned, this will happen again. COVID information briefings were not provided in BSL until the British government were taken to court and forced to provide BSL.

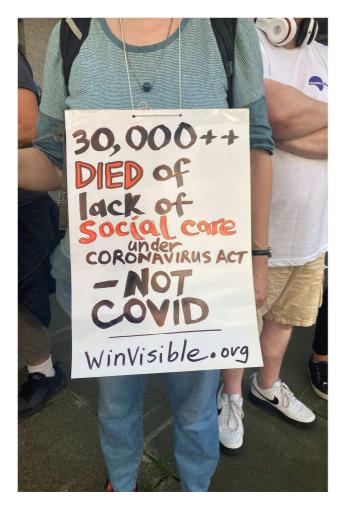
For food and medication we've been forced to rely on the goodwill and charity of strangers doing good deeds. But the central idea of the Disabled People's Movement is rights not charity.

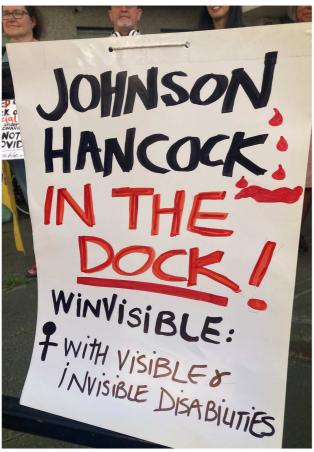
It should not be left to chance whether someone feels charitable enough towards us today, or whether we feel able to ask for support. We cannot afford to be an afterthought yet again"

Fazilet Hadi, Head of Policy from <u>Disability Rights</u> <u>UK</u> went on to say: "The COVID Inquiry take account of the callous and brutal way Disabled people were ignored and neglected. I listened to the evidence today and it's absolutely shocking, that the government had all the resources at its fingertips and still failed to plan to save our lives.



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"The outrageous Coronavirus Act that limited our rights to social care, that literally in the time of emergency took away our rights – that is completely unthinkable and unacceptable.

We were then told we weren't valued enough, we were expendable, people had Do Not Resuscitate put on their files, that they didn't need to be saved."

.....

"We weren't valued enough ... we were expendable; we didn't need to be saved"

Paula Peters, <u>Disabled People Against Cuts</u> said: "If I didn't have access to Facebook, WhatsApp, Email, I wouldn't have been able to ask for basic essentials like toilet paper and paracetamol. But for thousands of Disabled people, many didn't have access to the internet to call out for support, and they were abandoned, left to isolate at home.

We want justice for every single Disabled people and older person left to die as a result of government policies."

Claire, from WinVisible, said: "It was absolutely shocking to see the letter which Kamran Mallick from DR UK had sent to the government in 2020 warning about the transmission in care homes and in our own homes, which was completely dismissed by the government in a policy of a deliberate cull of Disabled people.

We are determined to see Johnson and Hancock in the dock for their crimes.

We're against survival of the fittest, we see that in all types of contexts, with climate change, that our survival is deprioritised. We are here and we're determined for others to be here and we're fighting for justice."



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Published April 2023 £43 including P&P £20 if you're on benefits

Disability Rights Handbook

Throughout 2022, many changes affected the way that the benefit system operates in the shadow of the coronavirus pandemic. The ways that benefits can be claimed are changing, as are the responsibilities that you must meet to keep getting paid.

The support and protections put in place during the pandemic have been stripped away. As a consequence, the Universal Credit sanction rate is now more than double the pre-pandemic level.

The cost of living crisis has put even more pressure on a social security system already battered by over a decade of cuts. Keeping up with the changing rules is more crucial than ever.

Benefits, Tax Credits and Social Care

The handbook provides in-depth information and invaluable guidance on the benefits system and social services. It covers Universal Credit and the six working-age means-tested benefits it is replacing. It explains the three key disability benefits (PIP, DLA and AA) and the new devolved Scottish benefits including Adult Disability Payment and Child Disability Payment, devolved. It also sets out how social care operates around the UK, how support needs should be met and how to complain if they are not.

Fully updated for 2023/24 and easy to find your way around, it has the answers you need, to claim what you're entitled to, or to challenge an unsuccessful application for benefits or social care.

Full of tools and tactics to help you make a successful claim.

Handbook Updater

Get page-by-page updates to your handbook as legislation changes through the year. Published bi-monthly from June 2023-February 2024, it will arrive in your email inbox in a convenient, easy to print A4 PDF format.

Add our <u>Handbook Updater</u> to your order for £7.00. Order your Disability Rights Handbook now from our <u>online shop</u>





Disability Rights Handbook ONLINE

Created to support remote working, this enhanced digital version of our flagship publication is an essential resource for all professional advisers.

Written and published by Disability Rights UK, our digital service sits on the well-established AskCPAG platform.

- Fully searchable
- Create your own bookmarks, make notes, and cite in different formats
- Clickable weblinks
- Accessible (works with screen readers)
- Regular bi-monthly updates throughout the year
- Mobile-ready (you can even read it on your phone)
- Access to articles on the AskCPAG website

12-month subscription: £41
Buy your subscription from our online shop.



Individuals on benefits should contact us for a concession coupon code to use at checkout. Email tony.stevens@disabilityrightsuk.org



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DR UK projects

Get Yourself Active

As a result of systemic exclusion, Disabled people are often locked out of physical activity, via inaccessible facilities, exercise not being adjusted to our needs and abilities, and lack of resources.

At Get Yourself Active, we are working closely with other Disabled people's user led organisations to break down barriers that Disabled people face when it comes to getting active. Last year we were really pleased to become a system partner to Sport England, a long term partnership which will enable us to help Sport England to deliver their 10-year strategy Uniting the Movement and to continue our work to tackle inequalities.

We want to lead change in the social care, health and sport sectors, in order to help and support Disabled people to get active in a way that is right for us.

Programme Updates - System Partnership

Our work has moved on and expanded since becoming a system partner, and we have now developed a new theory of change for the programme so that we can visualise how our work is going to lead to a specific outcomes and overall impact.

Now we have our theory of change, we are starting work on developing our evaluation framework in order to demonstrate and share the important work we're doing, helping us to guide how we capture information about the progress and impact of the programme.



Walk Talk Action, 2023



Misgav, 2023

Having this framework in place will enable us to demonstrate the difference we're making, including what is working or not working and where we may need to make changes.

Co-Production

An important part of our work is co-production which is why we are keen to co-produce this framework with individuals and organisations who have been a key part of our work over the last few years, or who have an interest, to ensure we are working collaboratively to shape what it looks like from the beginning.

This will involve a number of workshops and discussions over the next few months to work together and develop our framework, which will ensure it is as robust as possible and that we're capturing the information we need to.

Together Fund

The end of September marked the end of the Together Fund, which we have been administering since August 2020. During this period, we funded an incredible 152 projects totalling £634,500, supporting more than 4,000 individuals who identified as Disabled and/or having a long-term health condition to be physically active.

Most of these projects provided either a single organised physical activity (such as cycling, swimming, walking and horse riding) or a mix of different sports (such as climbing and archery, or a multi-week programme of different activities).

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Vision of Adventure, 2023

Projects that provided yoga or dance tended to take a holistic approach to improving physical and mental well-being, of which physical activity played an important role.

We've included here a selection of photos from the fantastic projects that have recently ended.

Get Yourself Active - Stay In The Loop!

On our <u>website</u>, we have many stories from Disabled people about the ways we get active, and also many resources on the best place to start if you want to give things a go! We also post news, updates and links to other information on our Twitter page. Follow us: @GetYrselfActive

Get Yourself Active

Disabled people and people with long-term health conditions are one of the most inactive groups in society. We know that more needs to be done to understand their barriers to physical activity and how best to overcome them.

The Get Yourself Active team works alongside Disabled people and Disabled People's User Led Organisations (DPULOs) to lead change in the social care, health and sport sectors, in order to improve health and wellbeing outcomes for Disabled people and to help them to get active in a way that is right for them.





Get Yourself Active is funded by Sport England and led by Disability Rights UK

You can read our stories on our website:

www.getyourselfactive.org

We regularly post news, updates and links to other information on our Twitter page. Follow us: @GetYrselfActive





Genuine Radar NKS Key

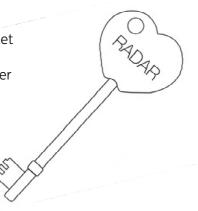
Get priority access to accessible public toilets

If you have a health condition or disability, finding an accessible toilet that's clean, tidy and available for you to use can be a challenge. And they're often kept locked. The Radar key gives you access to over 9,000 locked disabled public toilets around the UK.

Don't risk buying a cheap copy that may not work.

Our keys are tested and guaranteed by our master locksmith.

Genuine NKS Radar Key £5.00 inc P&P and VAT (if applicable). Available from our online shop



Leadership Academy Programme



A career development programme for disabled employees

The Leadership Academy Programme (LAP) was developed after a group of disabled senior leaders found that, whilst disabled employees were managing to gain employment, their ability to excel up the corporate ladder appeared limited. LAP Project Manager Katrina Morris invites applications for the 2024 course.

We have seen LAP run successfully now for nine years and a vast array of testimonials from both delegates and mentors, indicates the impact that participating in LAP has had on them, personally and professionally. We are always interested in forging new partnerships, with organisations who are keen to include a robust leadership programme, for disabled employees, within their Diversity & Inclusion Strategy.

LAP aims to:

- Address the need for greater equality in the workplace;
- Improve the employment position of Disabled people, enabling them to fulfil their potential;
- Provide employers with access to the widest possible pool of talent at management and senior level;
- Increase the visibility of capable, confident disabled leaders, to contribute to a more balanced view of Disabled people across UK society;
- Build recognition of the qualities Disabled people contribute in terms of resilience, problem-solving, empathy and creativity;
- Impact workplace culture and help to bring about genuine inclusivity for disabled employees.

Our programme equips participants with the tools to make the transition to leadership positions.

Our training content is co-produced with and by disabled leaders and other key stakeholders and is unique in its design. The years of expertise and experience included in the design and delivery of LAP, is unparalleled in the current marketplace.



Programme Delivery

The 2024 course comprises 13 sessions (of 2-4 hours) plus a graduation ceremony and runs from February to September 2024. It has been updated to include content which is reflective of the changing environment we are now faced with and includes a mix of core leadership modules.

The programme is now delivered online. The benefits include providing a modular format to encourage sustainable growth for LAP and being able to provide tailored options for employers. Participants can access the programme flexibly, without travel barriers.

"What DR UK have created is an incredible platform which allows people to develop new skills and grow, personally and professionally. Taking part in LAP has an incredible impact both for delegates and those who volunteer as mentors. It is well organised, well supported, and clear in its direction and purpose." Andy Horne – mentor

The Programme options:

Option 1 – Main cohort: Employers can sponsor an individual employee(s) onto the main cohort. This is a mixed cohort, where our partnering organisations such as The Ministry of Justice, The Foreign and Commonwealth Office, Care Quality Commission, Devon & Cornwall Police, and many others annually send employees onto the programme.

These delegates return to their place of work, with increased confidence and leadership skills and this ultimately impacts their working practices and culture of the business/ organisation, ensuring greater inclusivity for disabled employees.

BULLETIN OCTOBER 2023 PROJECTS

Option 2 – Bespoke programme: We can design a bespoke programme, tailor-made to meet the needs and aims of the organisation. Employers can place 10 or more staff, into a private cohort and we'll help to manage all the administration, mentoring relationships, and programme schedules, affording the delegates the best possible opportunity to succeed and for the greatest impact on the business/organisation.

I decided to attend the LAP because I always felt that I had not quite realised my potential and that being disabled had impacted on my self-belief and behaviours at work for progression. I found the content of the course and the trainer interesting and engaging. Delegate

The Programme includes:

- Career aspirations, setting objectives and goals
- Communication, leadership and management skills
- Self-development and confidence-building
- Accessibility, reasonable adjustments and your rights as a disabled employee
- Applying new techniques to live projects and presentations related to a current workplace challenge (providing a great resource for their place of work)
- One-to-one mentoring from an experienced senior leader
- Sharing experiences with other aspiring managers and learning from their success strategies
- Conflict resolution and managing relationships
- Creation of an 'Inclusive Leadership Charter'
- Membership of our Disability Alumni Network, offering exceptional networking events with inspirational keynote speakers

Whilst being on the course, a combination of the learning itself and discussions with other participants have really helped me and provided me with tools to improve and think about leadership differently. Delegate 2021 cohort

Working as a mentor on the LAP programme matters a great deal to me as it gives me the opportunity to share my experience as a disabled professional with others on a similar path and work together to create a more empowering and inclusive working world. Mentor – Breandan Ward

We're starting our recruitment drive again

This year we were oversubscribed, and we are likely to be in the same position for our 2024 cohort. Places are offered on a first come first served basis, so please apply early, by requesting an application form.

You will need to share the information with your line manager, L&D Team, or Disability Network, to explore ways to get sponsored onto the programme by your employer. You can self-fund (please enquire about discounts available if you are thinking of taking this route).

For more information

You can find out more about LAP on our <u>website</u>. To request an application form, email our LAP Project Manager Katrina Morris on: <u>katrina.morris@disabilityrightsuk.org</u>



Katrina was shortlisted for the 'Rising Star Award' for our equality, diversity and inclusion (EDI) Programme at the inaugural Board Awards of Diversifying Group. The award

celebrates the people on a journey to make the biggest impact through their work in inclusion and belonging, which Katrina has been doing with Disability Rights UK for almost 10 years.



Bespoke solutions from the experts

Does your organisation have specific needs in relation to disability equality?

We offer a wide range of support to businesses of all sizes as well as organisations in the public and voluntary sectors. We can provide innovative solutions and guidance to your organisation on all elements of disability equality and best practice, tailored to your needs and objectives.

For more information or to book an initial conversation, email training@disabilityrightsuk.org

Disability Rights UK

Get Ahead

Get Ahead is a toolkit and resource co-produced with and for disabled young people.

The newsletter and magazine will help you navigate the wide range of information and resources that are available in post-16 education, training, and work.

It is a platform where young people can have their voice heard and share the many talents they have.

Get Ahead resources are available <u>here</u> where you can download current and previous editions of the Get Ahead newsletter.



The Disability Rights UK newsletter co-edited with and for young people



PDF, Word and Easy Read formats.

Speaking from Experience





If you're a young disabled person looking to develop your career, or an employer or training provider involved with supporting apprentices, this report produced by our Disabled Apprentice Network (DAN) is for you.

A follow-up to our 2022 report, it collects and analyses young Disabled people's experiences of how they get information about apprenticeships, looks at their engagement with training providers and employers, and the support they have received. There is also a <u>video</u> on Youtube.

For information about DAN contact rabia.lemahieu@disabilityrightsuk
The report is available to download from www.disabilityrightsuk.org

Support our work by giving a regular monthly amount

Help us build a fighting fund to underpin our core work supporting disadvantaged Disabled people. Monthly direct debits, whatever the amount, are the single most helpful and efficient way you can support the work of our charity.

- £3 a month can provide a disabled person with life-changing advice and guidance
- £10 a month will fund updating a DR UK factsheet to help thousands of Disabled people get the support they need
- £20 a month can fund our policy team to influence the protection or extension of a key right in the daily lives of millions





Helplines Q&A

Member Organisations' Welfare Rights Helpline



Ken Butler highlights recent queries answered by our <u>Member Organisations benefits</u> helpline.

ESA stopped due to working

Q: Our client was getting contributory based ESA and income based ESA. However, a couple of years ago he began work that was over the "permitted work" hours/income rules.

His ESA claims were closed but he has now reduced his working hours. Can he restart his ESA claims again? While ESA is not payable in any week someone works over the "permitted work hours", does that abolish entitlement or just suspend it?

A: If the client was working over the "permitted work" hours/earnings at the time the DWP made its decision this ends the award, he is treated as not having a limited capability for work as a result of working full time.

So this is the end of the income related ESA because that can no longer be claimed.

He may be able to use the "linking rules" to make a new claim for contributory ESA if there has been no more than 12 weeks since the previous ESA award ended.

This would be <u>"new style ESA"</u>, but this should be 'linked' to the previous ESA award and the same national insurance contribution test from that first award should also apply.

However, to get additional means tested income he would need to claim universal credit.

Members Organisations' Welfare Rights Helpline

Our member organisations' benefits and tax credits advice service is hosted by Ken Butler.

Ken is able to take calls on 0203 687 0779 Tuesday and Thursday, 10.30am – 12.30pm.

Or email Ken anytime at: ken.butler@disabilityrightsuk.org

Unfortunately, we are not resourced to answer benefit queries from individuals.

Disability Rights UK Factsheets

Our series of over <u>70 factsheets</u> provides free, basic information about benefits, tax credits, social care and other disability related issues.

Our factsheets can be located in the <u>Guidance & Resources</u> section of our website.

You will find more detailed information in our Disability Rights Handbook, available to order in print or as a digital service which sits on the well-established AskCPAG platform. A 12-month online subscription can be purchased via our online shop.

Topics covered in our factsheets include:

- appealing against your benefits decision
- bedroom tax
- benefit cap
- carer's allowance
- council tax help
- jobseeker's allowance
- legacy benefits and universal credit
- permitted work
- personal independence payment
- universal credit and disability
- work capability assessment

Personal Budgets Helpline

Personal Budgets Helpline

This service provides advice for individuals and organisations on self-directed support, personal budgets and direct payments.



Banane Nafeh deals with enquiries for Disability Rights UK's Personal Budgets advice service. The advice line is open Tuesday and Thursday from 9.30am-1.30pm.

Telephone: 0330 995 0404 during our opening hours or contact Banane anytime on email: selfdirectedsupport@disabilityrightsuk.org

Health & Social Care factsheets include:

- Being in control: getting personal assistants
- Charging for residential accommodation
- Complaining about local authority decisions
- Assessment process for carers
- Personal health budgets and NHS continuing health care
- Assessment, eligibility and support planning
- Employment contracts
- The role of brokers in relation to social care
- Personal budgets: the right social care support

You can find other relevant factsheets in the Resources & Guidance section of our website.



Free to download Download a PDF here.

Your Guide to the Care Act

What you need to know about social care in England

About the Guide

The Care Act became law in 2014. The major part of the Act, part one, is about how local authorities should provide social care. This guide is for Disabled people and people with long-term health conditions who have support needs. It concentrates on those parts of the legislation that are most relevant to people of working age.

The guide includes:

- General principles that should apply to social care
- Who can get social care support from their local authority?
- What should happen when you have an assessment
- How to plan meeting your care needs
- Personal budgets and direct payments
- How much you might have to pay
- What to do if you move to another area
- A glossary of social care terms and links to further information

Download a PDF from www.disabilityrightsuk.org

Share your experience – tell us about your care

The Care Quality Commission (CQC) is the independent regulator of health and adult social care in England. They would like people with a disability or health condition to share their experience of care to help them decide where and what to inspect. This includes visits to GP surgeries, dentists, care homes and services in your home).

Complete the form on the <u>CQC website</u> or call 03000 616161.

We're working together to make sure health and social care services in England provide people with high-quality care.





Disabled Students' Helpline

Disabled Students' Helpline

Our advice service can provide advice on education, training and employment.



Rundip Thind, DR UK's Student Helpline Adviser, responds to enquiries to our disabled students' helpline. The helpline is open Tuesday and Thursday 11am-1pm.

Telephone 0330 995 0414 (freephone) during our opening hours or contact her anytime on email: students@disabilityrightsuk.org

Our education factsheets include:

- Adjustments for disabled students and apprentices
- Applying for disabled students' allowance (DSAs)
- Funding further education for disabled students
- Funding higher education for disabled students
- Funding from charitable trusts
- Postgraduate education for disabled students
- Telling people you're disabled clear and easy guide for students



Available from the Guidance & Resources section of our website.

Into Higher Education

A guide to additional support in higher education

This guide is designed to help disabled students make the right decisions about studying in higher education. It deals with common questions: whether the college or university will be accessible, how to choose a course and what support will be available.

The guide includes:

- The student finance system, tuition fees and repayment methods
- Support that will be in place
- Case studies where disabled students write about their own experiences
- A resources section: helpful websites, publications and organisations

Download a PDF or Word format from www.disabilityrightsuk.org



Available to download in PDF and Word formats from the Guidance & Resources section of our website.

Into Apprenticeships

The Guide for Disabled People

Doing an apprenticeship is a great way to earn a salary, get training and qualifications and develop your career. Into Apprenticeships is a guide for anyone living with a disability, health condition or learning difficulty thinking about applying for an apprenticeship. We hope it will help you make the right choices and get any support you need.

The guide includes:

- How to apply and find vacancies
- What support is available in the workplace
- Details of helpful websites, publications and organisations

There are stories written by disabled apprentices about their own experiences and the challenges they have faced. As well as taking advantage of the support on offer, the apprentices talk about the importance of their own creativity, perseverance and motivation.

Into Apprenticeships is available from www.disabilityrightsuk.org

BULLETIN OCTOBER 2023 HELPLINES

EHRC HELPLINE FOR ADVISERS

The Equality and Human Rights Commission (EHRC) provides a telephone-based service for the advice sector, solicitors, other organisations that support individuals with their problems, trade unions, and ombudsman schemes.

- Do you work with people who may have been discriminated against?
- Are you unsure whether someone might be able to make a complaint about a human rights issue?
- Have you been asked to help with a discrimination or human rights issue?
- Do you want to talk through a case?

Accessibility: If you require reasonable adjustments to access EHRC Adviser Support, you can email us:

England:

<u>Englandadvisersupport@equalityhumanrights.com</u> **Scotland:**

Scotlandadvisersupport@equalityhumanrights.com

Walesadvisersupport@equalityhumanrights.com

BSL users can access SignVideo.

Resources for advisers

For links to our current materials and other selected sources for advisers visit <u>EHRC Adviser Support: resources</u>.

Contact EHRC Adviser Support England: 0161 829 8190 Scotland: 0141 228 5990 Wales: 029 2044 7790

The service is available within core office hours.

Please note that we cannot accept bundles of documents, or the personal details of the individual you are advising.



THE EASS ADVICE LINE FOR INDIVIDUALS

The Equality Advisory Support Service (EASS) provides information advice and support on disability discrimination and human rights issues to individuals in England, Scotland and Wales.

You can contact the EASS by phone, textphone, webchat, letter or email. If you are a BSL user then skype. Welsh speakers available. If you are contacting the EASS by post, please do not send any documents with your letter.

Resources for individuals

For <u>information about how the equality act works</u>, and how it may be relevant to your situation visit www.equalityadvisoryservice.com/app/help.

To contact the EASS by email go to www.equalityadvisoryservice.com

By telephone or textphone

Telephone: 0808 800 0082 Textphone: 0808 800 0084

Opening hours:

Monday to Friday 9am-8pm, Saturday 10am-2pm

By post: Freepost, Equality Advisory Support Service FPN443













Training

Benefit Essentials with Disability Rights UK and CPAG

Two half-day sessions

Our benefits training courses are ideal for advice workers, support workers, advocates, volunteer advisers and anyone else supporting clients with welfare benefits issues.

Each course is run on Zoom in two parts over consecutive mornings. They are practical and interactive, delivered through a combination of trainer presentation, exercises, case studies and group discussion.

Benefit Essentials: 2 x half-day sessions

Introductory level: Ideal for professionals working in advice or advocacy, who need to know more about the benefits system.

Part 1: Day 1 – 10.00am-1.00pm Part 2: Day 2 – 10.00am-1.00pm

The course covers:

- The structure of the benefits system and the difference between contributory, non-contributory and means-tested benefits
- Who is eligible to claim each of the benefits
- Disability benefits for Disabled people and those with health conditions that affect their everyday lives
- Getting work-related benefits for people who are unable to work due to a health condition or disability
- The impact of claiming or being migrated onto Universal Credit for people already in receipt of certain benefits
- The best way to ensure people are claiming everything they're entitled to

Through our partnership with CPAG, all courses include access to a host of other fantastic benefits, including:

- A free 1-month trial of AskCPAG with regularly updated online books, time-saving tools and templates, and the latest articles to keep your advice current and accurate
- 10% discount on <u>Disability Rights Handbook</u> (print and online)
- Access to a range of advice services, such as CPAG's advice line, Upper Tribunal assistance project, Judicial Review project and CPAG's unique service for advisers supporting people on Universal Credit in Greater London.

DR UK <u>organisational members</u> get 10% off the course price, as well as continuing telephone and email support through our own expert level <u>welfare benefits advice line</u> – a vital point of reference to help you to deal with complex cases and stay on top of the nuances of any new legislation as it is introduced.

Click <u>here</u> to read more about our benefits training or book a course



This course is delivered in partnership with CPAG.

To participate, you will need a Wi-Fi connection and a suitable device to access the internet.

Cost: £138 10% discount for DR UK organisational members

To find out more about <u>future dates</u> and our other our training and consultancy click <u>here</u>.

Book Now



Challenging PIP Decisions

Wednesday 15 and Thursday 16 November 2023

PIP is the main disability benefit for working age claimants. Although nearly 70% of appealed PIP decisions are reversed by tribunal judges in favour of claimants, many claimants elect not to appeal refusal decisions. This course looks at how to ensure that a PIP revision or appeal should work to the best advantage of claimants.

The course is run on Zoom in two parts over consecutive mornings. It's practical and interactive, delivered through a combination of trainer presentation, exercises, case studies and group discussion.

Challenging PIP Decisions: 2 x half-day sessions

Part 1: Day 1 – 10.00am-1.00pm Part 2: Day 2 – 10.00am-1.00pm

The course covers:

- A summary of how the PIP rules operate, assessment criteria, finding the law
- The primacy of regulations 7 and 4(2A) in relation to PIP
- Where things go wrong in relation to PIP decision making
- The failure of PIP2 and poor Health Professional assessments
- How to ensure good medical evidence to support challenges
- Legal mechanisms to challenge PIP decisions

i !

 How to draft an effective PIP challenge – naming the errors and making the case

Click <u>here</u> to book a place



This course is delivered in partnership with CPAG.

To participate, you will need a Wi-Fi connection and a suitable device to access the internet.

Cost: £138

10% discount for DR UK organisational members

Book Now



Personal Independence Payment A Guide to Making a Claim

A guide to claiming PIP for people



April 2023 edition Printed copies £7 including postage



Personal Independence Payment

A Guide to Making a Claim

Personal independence payment (PIP) is a benefit for people aged 16-64 who need help taking part in everyday life or find it difficult to get around. It replaces Disability Living Allowance for people between the ages of 16 and 64 inclusive.

This guide will help you decide whether to claim and take you through the claim process. It explains how the claim is assessed and what to do if it is unsuccessful.

The guide includes:

- Step-by-step guidance on how to complete the claim form.
- The daily living and mobility activities used to assess your claim.
- The scoring system used.
- How your claim is assessed.
- What to do if you're not happy with the decision.
- A handy glossary of words and phrases used in the guide.

Free to <u>download</u> in PDF and accessible Word format Order printed copies from our <u>online shop</u>

Disability Confidence Training for Managers

Taking a positive approach to diversity and inclusion is good for business. Common benefits include increased productivity, innovation, wellbeing and organisational reputation.

This course covers disability equality, your obligations as an employer and what this means in terms of managing and recruiting disabled staff. You will become more confident about identifying the needs of, interacting with and supporting disabled employees. The course is delivered in a jargon-free and open environment, is interactive, and involves discussion, group work, case studies and personal reflection.

"There is no one else quite like Disability Rights UK out there providing this sort of business solution from a position close to the disability landscape. Their understanding of disability employment and service provision issues is very good."

Parliamentary and Health Service Ombudsman

In house course: Delivered on Zoom or Teams. Ideal for around 10-12 delegates. Our standard training course can be adapted to meet your specific needs.



Disability Rights UK

For more information, email tony.stevens@disabilityrightsuk.org

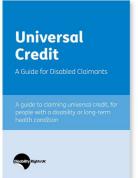
Bespoke solutions from the experts

Does your organisation have specific needs in relation to disability equality?

As well as providing a variety of training courses on disability confidence and welfare benefits, we can help you meet your objectives with a bespoke programme.

We can provide innovative solutions and guidance to your organisation on all elements of disability equality and best practice, tailored to your needs and objectives.

For more information or to book an initial conversation, email training@disabilityrightsuk.org



April 2023 edition Printed copies £7 including postage



Universal Credit

A Guide for Disabled Claimants

This guide is designed to help claimants find their way through the Universal Credit maze. Written in plain English by our in-house benefits experts, it will help people who are disabled or have a health condition get the rate they are entitled to, and minimise the risk of sanctions.

The guide includes:

- How you qualify, how to claim, how the amount gets worked out and how Universal Credit is paid.
- The assessment that decides whether you can get extra money because of your condition.
- Sanctions and what to do to avoid them.
- What happens when you get moved onto Universal Credit from another benefit.
- What you can do if you are unhappy with a decision.
- A handy glossary of words and phrases used in the guide.

Free to <u>download</u> in PDF and accessible Word format Order printed copies from our <u>online shop</u>

\$40.00 PA

Would you like priority access to over 9000 accessible toilets?



Order your key from our online shop.

£5.00 plus VAT Includes delivery to anywhere in the UK

It's VAT-free if you meet HMRC's conditions

Radar's National Key Scheme Managed and maintained by:



THE NATIONAL KEY SCHEME (NKS)

If you have a health condition or disability, finding an accessible toilet that's clean, tidy and available to use can be a challenge. And they're often kept locked.

Under Radar's NKS scheme, special locks are installed on public disabled toilet doors to give priority access. Local authorities have adopted the scheme and 'Radar toilets' can now be found in shopping centres, pubs, stores, bus and train stations, and other locations nationwide.

Opening doors to independent living

We sell Radar keys to people who need to use accessible toilet facilities due to their disability or health condition. The key gives you independent access to locked public toilets around the country. The provider of the toilet has a key – but with your own key there's no need to wait for a member of staff to unlock the door. You're in control.

Genuine Radar NKS keys

- One size fits all, blue steel key
- Ergonomically designed for grip and leverage
- Reliable keys you can trust with confidence
- Individually tested and guaranteed by our master locksmith

Don't risk a cheap copy!

Radar locks have tight tolerances which need accurate keys

With your own Radar key you can unlock most disabled toilets around the UK

Make a donation to Disability Rights UK while you shop

Easyfundraising: You spend, brands donate

Sign up to easyfundraising and see your favourite brands donate to the cause you care about whenever you shop with them.

Every time you shop with a variety of retailers, (such as Amazon, M&S, Vodafone, eBay, Tesco, Viking) a donation will be made to Disability Rights UK.

It costs you absolutely nothing.

<u>Sign up</u> for Easy Fundraising Donate while you shop



Contact Disability Rights UK (DR UK)

DISABILITY RIGHTS UK

<u>Plexal</u>, Here East, 14 East Bay Lane, Queen Elizabeth Olympic Park, Stratford, London E20 3BS

HOW TO FIND US

<u>Our location</u> on a map. Free shuttle buses run from Stratford train and bus stations from 7am to 10.30pm. There are two pickup points:

- Bus stop F outside Stratford International
- Bus stop X opposite Stratford City bus station

ENQUIRIES

General enquiries

Office number: 0330 995 0400

Open Monday to Friday

9am-12.30pm and 1.30-4.00pm

Please note this line is not an advice line. Email: enquiries@disabilityrightsuk.org

Membership enquiries

Email: members@disabilityrightsuk.org

Sales enquiries

Phone: 0203 687 0790

Media enquiries (for journalists only)

Phone: 0203 687 0782

HELPLINES FOR INDIVIDUALS

Equality Advisory & Support Service (EASS)

Phone: 0808 800 0082 Textphone: 0808 800 0084 Open Monday-Friday 9am-7pm

Saturday 10am-2pm

(closed Sundays and Bank Holidays)

There is a webcam portal for BSL users via the

Royal Association for Deaf people.

Website: www.equalityadvisoryservice.com

Disabled Students Helpline

Phone: 0330 995 0414

Open Tuesday and Thursday 11am-1pm Email: students@disabilityrightsuk.org

Personal Budgets Advice Service

Phone: 0330 995 0404

Open Tuesday and Thursday 9.30am-1.30pm Email: personalbudgets@disabilityrightsuk.org

HELPLINE FOR ADVISERS

Member Organisations

Welfare Rights Advice Service

Phone: 0203 687 0779 Open Tuesday and Thursday

10.30am-12.30pm

Email: ken.butler@disabilityrightsuk.org

DISABILITY RIGHTS UK - WHAT WE STAND FOR

Our vision

To create a society where Disabled people have equal power, rights and equality of opportunity.

Our mission

We campaign for the rights of all Disabled people to be included in every aspect of life. We bring the lived experiences of Disabled people to everything we do. We challenge policy makers, institutions and individuals to remove the barriers that exist for us.

Our priorities

- Building a movement to strengthen our collective voice
- Independent living choice control and equality in everyday life
- Inclusive economic opportunities a fairer benefits system and opportunities to work and flourish
- Influencing public attitudes and behaviours

